

EMERGENCY PREPAREDNESS ACTION PLAN



Weather-related emergencies can happen at any time! For clients and caregivers:

1 DISCUSS EMERGENCY PLAN

Have an emergency and evacuation plan in place. Make sure you discuss with family, neighbors, caregivers.



2 CHECK WHEELCHAIR TIRE TREAD

If worn, replace or use a more aggressive tire tread when slippery outside.

3 MAKE AN EMERGENCY KIT



ESSENTIALS CHECKLIST

- ☐ Prepare an emergency information health card that includes your essential health information.
- ☐ Catheter, bowel, dressing supplies, to last one week.
- ☐ Medications for one week.
- ☐ An extra battery for a power chair and a back up manual wheelchair, spare inner tubes & tools.
- ☐ Consider a medical ID bracelet.



OTHER ESSENTIALS CHECKLIST

- ☐ Flashlight and utility knife
- ☐ First aid kit
- ☐ Extra batteries
- ☐ Whistle
- ☐ Extra food and water
- ☐ Eyeglasses/hearing aids
- ☐ Blanket/rain gear/jacket/hat/mittens/extra clothes
- ☐ ID/insurance card/cash
- ☐ Generator in the case of power outage



EMERGENCY INFORMATION CARD

Name _____

Allergies _____

Insurance Provider _____

Insurance # _____

Emergency Contact
(phone number) _____

Physician Contact
(phone number) _____

Medications _____

Adaptive Equipment _____
